

The Great Debates Athens **2017**

The role of minimal invasive and joint preservation **hip surgery** in 2017

Organized by:

Chairman: Professor George C. Babis, MD, PhD



2nd Orthopaedic Department
National & Kapodistrian University
of Athens Medical School
Konstantopouleio Hospital N. Ionia, Athens

Under the Auspices:



HELLENIC REPUBLIC
National and Kapodistrian
University of Athens, Medical School

20 May 2017

Electra Metropolis Hotel

Athens

International Faculty:

Dr. N. Bonin

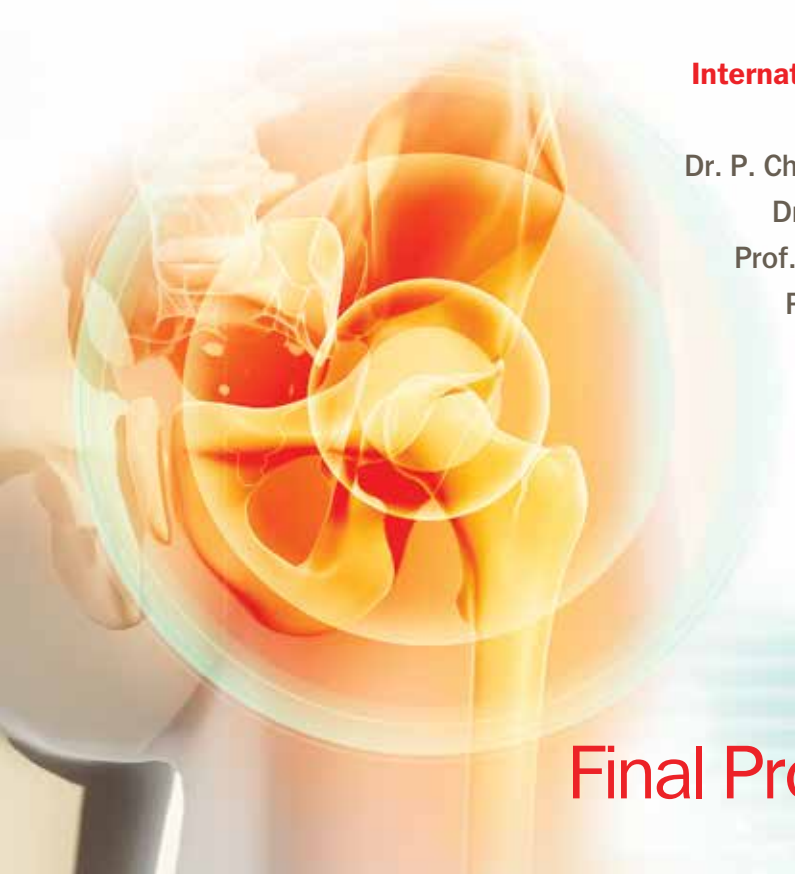
Dr. P. Christofilopoulos

Dr. L. Poultsides

Prof. K. Siebenrock

Prof. R.N. Villar

Final Program





Invitation

On May 20th, the 2nd Orthopedic Department of the National and Kapodistrian University of Athens, organizes a 1-day conference at the Electra Metropolis Hotel in the center of Athens. The conference aims to be the first meeting of its kind by being interactive, with time allocated for debates among the participants at the end of each session on “hot” issues in hip surgery.

Subjects: The process for choosing implants needs to be discussed. The debate will reflect the difficulties that patients, surgeons and hospitals face. Who is in charge, and who should be? What is the best practice in DVT prophylaxis? With the direct anterior approach is gaining popularity and new developments such as newer approaches, shorter femoral stems, and articulating bearings, is there really a case for a more widespread adoption of these new techniques or are we reinventing the wheel at the expense of our patients and the economy? Hip arthroscopy and osteotomies for hip preservation are gaining popularity among the young patients and surgeons alike; clear indications have to be set on what we treat and what the most appropriate treatment in each case is.

With an experienced faculty comprised of experienced and dedicated hip surgeons from Greece, France, Switzerland and the UK, we strive to establish this meeting as an important event in the Academic and Educational calendar of Orthopaedic Hip Surgery in Greece.

George C. Babis, MD, PhD

Professor and Chairman of Orthopaedics

2nd Orthopaedic Department

National and Kapodistrian University of Athens Medical School

Konstantopouleio General Hospital Nea Ionia, Athens

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Program

08:30-09:00 **Registration**

09:05-09:10 **Welcome**

G. Hartofilakidis

Introduction to the Course

G.C. Babis

09:10-09:50 **Session 1**

Selected Topics on Surgical Planning and Hip Preservation Surgery

Moderators: **S.-G. Sourmelis – P. Christofilopoulos**

09:10-09:20 X-Ray Based Planning Works Well for Most Cases.
When do we Need More? Future Directions

V. Nikolaou

09:20-09:30 Osteotomies Around the Hip. Which, When, How to Plan
P. Christofilopoulos

09:30-09:40 Injections for Hip Joint Preservation. Is there any Evidence
for Hyaluronic Acid, Steroids or Stem Cells Today?

N. Bardakos

09:40-09:50 Discussion

09:50-10:15 **Invited Lecture 1**

Moderators: **G.C. Babis – A. Papavasiliou**

Orthopaedic Publishing in 2017

R.N. Villar

10:15-11:00 **Debate 1**

How Should a New Technology or Implant be Introduced in Clinical Practice?

Moderators: **T. Karachalios – R.N. Villar**

10:15-10:25 The Academic Centers should Lead
K.N. Malizos

10:25-10:35 The Private Sector is More Competitive, Daring and Versatile
V. Bitounis

10:35-10:45 Who should Choose the Technology:
Surgeon, Patient or the Insurance Provider?
The Role of Scientific Societies as Regulators
R.N. Villar

10:45-11:00 Discussion

11:00-11:30 **Coffee Break**

11:30-12:20 **Debate 2**

What are the Implant Choices for the Young?

Moderators: **P. Megas – V. Bitounis**

11:30-11:40 The Short Stems are the New Standard for the Young
N. Bonin

11:40-11:50 Why Reinventing the Wheel? All you Need is the Appropriate
Implant and a Well-Positioned THR
G. Petsatodes

11:50-12:00 Polyethylene Remain the Insert of Choice for the Young
G. Digas

12:00-12:10 Ceramic on Ceramic is the Way to go for Long Term Survivorship
G.C. Babis

12:10-12:20 Discussion

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12:20-12:55	Debate 3
	DVT Prophylaxis in Orthopedic Surgery. Are Modern Thromboprophylaxis Agents Truly Better? Moderators: G. Macheras – N. Bonin
12:20-12:30	Aspirin - Have we Had the Answer all Along? A. Papavasiliou
12:30-12:45	Thromboprophylaxis in Orthopedic Surgery has Evolved S.-G. Sourmelis
12:45-12:55	Discussion
12:55-13:50	Debate 4
	Surgical Approaches for THA: Are there Real Differences or this is Just Preference? What do the Joint Registries Say? Moderators: G.C. Babis – K.N. Malizos
12:55-13:05	Direct Anterior is Fast, Safe and Cosmetic G. Macheras
13:05-13:15	Posterior is Faster, Safer More Consistent and Predictable P. Megas
13:15-13:25	What about Direct Anterior Approach without Traction Table? N. Bonin
13:25-13:35	New Kid on the Block: SuperPath® Hip Replacement T. Karachalios
13:35-13:50	Discussion
13:50-15:15	Break

15:15-16:15 Hip Preservation Invited Lectures

	Moderators: K. Siebenrock – R.N. Villar
15:15-15:25	Overview of Treatment Options, Clinical Results and Controversies in the Management of FAI K. Siebenrock
15:25-15:45	Hip Arthroscopy for Femoroacetabular Impingement. Surgical Technique Results and Limits N. Bonin
15:45-16:05	Hip Arthroscopy Beyond FAI. What is Proven what is not! R.N. Villar
16:05-16:15	Imaging of the Native Hip. 3T MRI or MR-Arthrogram? A. Bintoudi

16:15-16:55 Debate 5

	Not all FAI's are The Same! Moderators: P. Christofilopoulos – A. Papavasiliou
16:15-16:30	Surgical Hip Dislocation for Femoroacetabular Impingement. Surgical Technique and Long Term Results K. Siebenrock
16:30-16:45	Should Patients with Asymptomatic FAI be Treated? Implications from the Hartofilakidis Registry and Related Literature N. Bardakos
16:45-16:55	Discussion

16:55-17:35 Debate 6

	Mild Dysplasia - The Grey Zone Moderators: E. Chronopoulos – N. Bardakos
16:55-17:05	Mechanical Hip Pain. Recognition and Assessment of Compensatory Injuries L. Poultsides
17:05-17:15	Mild Dysplasia: Hip Arthroscopy Works A. Papavasiliou
17:15-17:25	Borderline Adult Hip Dysplasia - Arthroscopy is not Enough P. Christofilopoulos
17:25-17:35	Discussion

17:35 Closing Remarks and Take Home Messages

	G.C. Babis
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Speakers List

Babis C. George

Professor and Chairman of Orthopaedics, 2nd Orthopaedic Department, National and Kapodistrian University of Athens Medical School, Konstantopouleio General Hospital Nea Ionia, Athens-Greece

Bardakos Nikolaos

Consultant Orthopaedic Surgeon, 2nd Orthopaedic Department, General Hospital "Asklepieio Voulas", Athens-Greece

Bintoudi Antonia

MD, MSK Consultant, Radiology Department, Papageorgiou General Hospital, Thessaloniki-Greece

Bitounis Vassileios

Orthopaedic Surgeon, Athens Medical Group, Athens-Greece

Bonin Nicolas

Orthopaedic Surgeon, Hip and Sports Medicine Department, Lyon-Ortho-Clinic, France

Christofilopoulos Panagiotis

FMH en Chirurgie Orthopédique et Traumatologie de l'Appareil Locomoteur, Chirurgie Prothétique de la Hanche, Arthroscopie de la Hanche, Chirurgie Conservatrice de la Hanche, Geneve

Chronopoulos Efstathios

Associate Professor of Orthopaedics, 2nd Orthopaedic Department, National and Kapodistrian University of Athens Medical School, Konstantopouleio General Hospital Nea Ionia, Athens-Greece

Digas Georgios

Head of Orthopaedic Department, General Hospital of Xanthi, Greece

Hartofilakidis Georgios

Emeritus Professor of Orthopaedics, University of Athens Medical School, Athens-Greece

Karachalios Theofilos

Professor of Orthopaedics, University of Thessalia, Orthopaedic Department, University General Hospital of Larissa, Greece

Macheras George

Head of Orthopaedic Department, General Hospital of Athens "KAT", Greece

Malizos N. Konstantinos

Professor of Orthopaedics, University of Thessalia, Chairman of Orthopaedic Department, University General Hospital of Larissa, Greece

Megas Panagiotis

Professor of Orthopaedics, Orthopaedic Clinic of Patras University Hospital, Greece

Nikolaou Vassileios

Assistant Professor of Orthopaedics, School of Medicine, National and Kapodistrian University of Athens, Greece

Papavasiliou Athanasios

Consultant Orthopaedic Surgeon, Euromedica Blue Cross, Thessaloniki-Greece

Petsatodes Georgios

Professor of Orthopaedics, Aristotle University of Thessaloniki, Greece

Poultides Lazaros

Orthopaedic Surgeon, Assistant Scientist on the Clinical Track, Department of Orthopaedic Surgery, Hospital for Special Surgery, Weill Cornell Medicine, New York-USA

Siebenrock Klaus

Professor, Chairman and Director, Department for Orthopedic Surgery, University of Bern, Inselspital Bern, Switzerland

Sourmelis Savas-Georgios

Consultant Orthopaedic Surgeon, Hygeia General Hospital, Athens-Greece

Villar N. Richard

Consultant Orthopaedic Surgeon, The Villar Bajwa Practice, The Princess Grace Hospital, London-UK